

# Paragon Plastic Surgery & Med Spa

## **Skin Care Medical History**

Full Name: \_\_\_\_\_ Date: \_\_\_\_\_

Address: \_\_\_\_\_ City/State: \_\_\_\_\_ Zip: \_\_\_\_\_

\*Email address: \_\_\_\_\_ SSN#: \_\_\_\_\_

Home phone: \_\_\_\_\_ Cell: \_\_\_\_\_ Work: \_\_\_\_\_

May we contact you at home, on your cell or at work? \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Relation: \_\_\_\_\_ Phone: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_ Gender: \_\_\_\_\_

Marital Status: \_\_\_\_\_ Number of children: \_\_\_\_\_

Occupation/Employer: \_\_\_\_\_ Ht: \_\_\_\_\_ Wt: \_\_\_\_\_ (lbs)

Race:      Caucasian      African American      Hispanic      Asian      Other

How did you hear about our office? Friend, TV, Yellow Pages, Newspaper, Magazine, Radio, Other

Reason for your visit? \_\_\_\_\_

### **What conditions/problem areas would you like improved:**

- |   |  |  |
|---|--|--|
| <input type="checkbox"/> Sun damage         | <input type="checkbox"/> Brown spots/uneven skin | <input type="checkbox"/> Dry patches   |
| <input type="checkbox"/> Clogged pores      | <input type="checkbox"/> Acne/pimples            | <input type="checkbox"/> Unwanted Hair |
| <input type="checkbox"/> Scarring           | <input type="checkbox"/> Wrinkles                | <input type="checkbox"/> Dermatitis    |
| <input type="checkbox"/> Excessive oiliness | <input type="checkbox"/> Blackheads/whiteheads   | <input type="checkbox"/> Rosacea       |
| <input type="checkbox"/> Upper lip lines    | <input type="checkbox"/> Freckles                |  |

How much time do you spend in the sun? Do you use a tanning bed? \_\_\_\_\_

Do you wear sunscreen? \_\_\_\_\_ How often? \_\_\_\_\_ SPF#/Brand: \_\_\_\_\_

How would you describe your skin? \_\_\_\_\_

In the sun, do you:      Always burn,      Sometimes burn,      Sometimes tan,      Never burn,      Always tan

Any allergies to medications: \_\_\_\_\_

Any reaction/sensitivity to cosmetics: \_\_\_\_\_ Allergy to latex/Other: \_\_\_\_\_

Are you pregnant? \_\_\_\_\_ Are you breast feeding? \_\_\_\_\_

Amount of water you drink a day: \_\_\_\_\_ 8oz glasses.

Please list any other medical conditions?

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

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**Have you ever had the following conditions:**

AIDS	Epilepsy	Liver disease	Thyroid problems
Anemia	Eczema	Lupus	Tuberculosis (TB)
Arthritis	Fainting	Melanoma	Urinary problems
Asthma	Fibromyalgia	Nervous disorder	Ulcers
Blood disease	Hay fever	Pacemaker	Venereal disease
Blood transfusion	Heart disease	Psoriasis	
Cardiac problems	Hepatitis	Radiation treatment	
Chemotherapy	High blood pressure	Respiratory disorder	<b>**Fever Blister(cold sores): &lt; 1/year</b>
Chronic headaches	Infection (active)	Rosacea	<b>1-3year</b>
Dermatitis	Immune disorders	Skin cancer	<b>&gt;4-1-/year</b>
Diabetes	Keloid scars	Skin disease	
Dizziness	Kidney disease	Sinus problems	
		Stomach problems	
		Stroke	

**List all medications you are presently taking:**

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**Check all medications that apply:**

bHcg (beta hCG)	Accutane	Steroids	Vitamin E
Birth Control	NSAIDS / Aspirin	Thyroid	Herbals
Testosterone	Tetracycline	Chemotherapy	Acne Medication
Minoxidil	DHEA	Antidepressants	
Aldactone	Blood Thinners		
Retin-A Renova			

**Previous Cosmetic Facial Treatments, Surgery, Resurfacing, or Laser Treatments:**

___ Acid Peels	Date: _____	___ Waxing	Date: _____
___ Botox	Date: _____	___ Facial Plastic Surgery	Date: _____
___ Fillers/Injectables	Date: _____	___ Laser Surgery	Date: _____
___ Tattoo/Perm Makeup	Date: _____	___ Microdermabrasion	Date: _____

I have answered the above questions truthfully and will notify you of any changes in medications and physical conditions.

**Patient Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

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## **Consent To Treatment, Release of Information, Financial Agreement**

CONSENT TO TREATMENT: I understand and acknowledge that Texas Law provides that if any health care worker is exposed to my blood or other bodily fluid, this practice may perform tests, with or without my consent, on my blood or other bodily fluid to determine the presence of any communicable disease, including HIV, with or without my consent. I understand that such testing is necessary to protect those who will be caring for me while I am a patient of this surgical practice. I understand the results of tests taken under these circumstances are confidential and do not become part of my medical record. I give my consent to Dr. Mark A. Bishara or his designees to perform or administer all tests and treatment that, in the judgment of Dr. Mark A. Bishara, is advisable during my visit to this surgical practice.

RELEASE OF INFORMATION: I authorize to release/obtain information contained in my financial and medical records, including diagnosis and test results, to/from (a) any of my treating practitioners, (b) my insurance company or health care plan or its representative, or its agents or independent contractors or (c) any other person or entity that is responsible for paying or processing for payment any portion of my medical treatment bill or (d) to any person or entity for the purposes of administration, billing, collecting, and quality assessment and risk management or to any hospital, nursing home, home health agency or to any healthcare institution to which I am transferred. I understand this consent applies to all records created in the course of and relating to my care. I release and agree to hold harmless the surgical practice of Dr. Mark A. Bishara and his representatives and employees from any and all liability associated with the release of confidential patient information in accordance with this authorization. I understand this surgical practice cannot be responsible for use or redisclosure of information by third parties.

FINANCIAL AGREEMENT AND ASSIGNMENT OF BENEFITS: In consideration for the medical and surgical services to be or have been rendered to me, I agree to pay for those services. I agree to assign to Dr. Mark Bishara, the benefits under my insurance policies or prepaid health care plan or other reimbursement source. I acknowledge that any balance not covered or paid by such policy or plan is my legal and financial responsibility. I acknowledge that I am aware this practice does not charge interest for late payments. I acknowledge that I am aware that any balance not covered or paid after 120 days, will be turned over to a collection agency and this practice will initiate termination of my patient-physician relationship as described by Texas Law. I acknowledge that any billing-related complaint will be directed to the billing compliance officer. I acknowledge and I am aware that cosmetic surgery procedures are not covered by the benefits under my insurance company and Dr. Mark A. Bishara does not accept insurance reimbursements for cosmetic surgery procedures and all charges related to cosmetic surgery are my own financial responsibility. I acknowledge that I am aware the policy of billing practices and the policy of charity care are both available upon request.

**THIS IS A LEGAL CONSENT, FINANCIAL AGREEMENT, AND ASSIGNMENT OF BENEFITS FORM. PLEASE READ IT CAREFULLY AND BE SURE YOUR QUESTIONS HAVE BEEN ANSWERED BEFORE SIGNING.**

Printed Name: \_\_\_\_\_ Date: \_\_\_\_\_

Signature: \_\_\_\_\_

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## **PHOTOGRAPHIC CONSENT**

Full Name(Print): \_\_\_\_\_ Date: \_\_\_\_\_

I, hereby authorize and consent that any and all photographs, images, or videos taken by Dr. Mark A. Bishara at Bishara Cosmetic Surgery Center & The Paragon Med Spa of any part of my body, whether originals or reproductions, may be utilized for such purposes as he may desire in connection with his research, writing, professional activities, and may be used, exhibited and published through any medium whatsoever as part of or in connection with his research, writing, and professional activities, even though such use may be for advertising purposes or purposes of trade. This consent is not retractable, either by oral or written means.

I certify that I have read and understand the aforementioned and sign my name below giving authorization and consent to the foregoing and any photographs, image, or videos taken for future surgeries.

Patient Signature: \_\_\_\_\_ Date: \_\_\_\_\_

# Paragon Plastic Surgery & Med Spa

## Information Request Form -- Cosmetic Surgery & Spa Services

Patient Name: \_\_\_\_\_ Date: \_\_\_\_\_

Please let us know if you would like to receive additional information regarding any of the following Cosmetic Surgery and Aesthetic Services that we offer.

### **Skin Care, Laser Treatments and Non-surgical Aesthetics:**

- Skin Care Products for Acne Control
- Skin Care Programs for Sun Damage and Wrinkles
- Skin Care Programs for Blotchy skin
- Chemical Peels for Facial Skin Improvement
- Botox /Filler Treatments for Facial Lines and Wrinkles
- Laser Treatment for Wrinkles
- Laser Treatment for Facial Veins
- Laser Treatment for Hair Reduction
- Laser Treatment for Brown Spots
- Other

### **Cosmetic Surgery Procedures:**

- Facial Cosmetic Surgery (Face lift, eyelid lift, fat transfer, lip augmentation)
- Cosmetic Breast Surgery (Breast augmentation, breast reduction, breast lift, male gynecomastia)
- Body Contouring Surgery (Abdominoplasty, laser liposuction--Lipotherme, liposuction)
- Post Bariatric Surgery (Body lift, arm lift, thigh lift, panniculectomy, removal of skin folds)
- Hair Restoration Surgery / Hair Transplant Surgery (Men and Women)  
Hand Rejuvenation
- Other

Thank you. A staff member will contact you soon to offer further assistance.

### **Bishara Cosmetic Surgery & Hair Restoration**

1101 Matlock Road  
Mansfield, Tx 76063

1203 S. White Chapel, Suite 150  
Southlake, Tx 76092

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## **Acknowledgement of Receipt of Notice of Privacy Practices**

Health information may be used or disclosed. I understand that I should read it carefully. I am aware that the notice maybe changed at any time. I may obtain a revised copy of the notice by requesting one at this office.

Do you have any restrictions as to how we contact you? \_\_\_\_\_

Special Instructions: \_\_\_\_\_

\_\_\_\_\_

Patient Name(Print)\*: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**\* If signed by a personal representative, please state your authority to act for**

\_\_\_\_\_ (Name) \_\_\_\_\_

### **THIS SPACE TO BE USED BY PRACTICE ONLY**

Patient Acknowledged Notice of Privacy Practices on Form Provided and Returned Signed Copy.

Accepted \_\_\_\_\_ Denied \_\_\_\_\_

If Refuse to Sign, Document Reason in Chart: \_\_\_\_\_

Note: Cannot refuse to see patient if patient refused to sign Acknowledgement

Signed Acknowledgement \_\_\_\_\_

Accepted \_\_\_\_\_ Denied \_\_\_\_\_

Name of Employee Documenting \_\_\_\_\_

# Paragon Plastic Surgery & Med Spa

## **Fitzpatrick Skin Type Worksheet**

**Patient Name:** \_\_\_\_\_

**Date:** \_\_\_\_\_

	0	1	2	3	4	Score
What is the color of your eyes?	Light blue, Grey, or Green	Blue, Grey or Green	Blue	Dark Brown	Brownish Black	
What is the natural color of your hair?	Sandy Red	Blonde	Chestnut, Dark Blonde	Dark Brown	Black	
What is the color of your skin (unexposed)	Reddish	Very Pale	Pale with Beige Tint	Light Brown	Dark Brown	
Do you have freckles on sun-exposed areas?	Many	Several	Few	Incidental	None	
What happens when you stay in the sun too long?	Painful, redness, blistering, peeling	Blistering followed by peeling	Burns, sometimes followed by peeling	Rarely burns	Never had a burn	
To what degree do you turn brown?	Hardly or not at all	Light color tan	Reasonable tan	Tan very easily	Turns dark brown quickly	
Do you turn brown several hours after sun exposure?	Never	Seldom	Sometimes	Often	Always	
How does your face respond to the sun?	Very sensitive	Sensitive	Normal	Very resistant	Never had a problem	
When did you last expose yourself to sun or tanning beds?	More than 3 months ago	2-3 months ago	1-2 months ago	Less than 1 month ago	Less than 2 weeks ago	
Do you expose the area to be treated to the sun?	Never	Hardly Ever	Sometimes	Often	Always	

Fitzpatrick Skin Type: I(0-7) II(8-16) III(17-25) IV(26-30) V-VI(over 30) TOTAL: \_\_\_\_\_

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